



# OCTOBER 2020

## Twinfield Union School

Twinfield offers healthy, delicious, and locally inspired meals. All meals served meet strict nutritional guidelines. We support local farmers.

All meals come with skim or 1% milk.

Monday	Tuesday	Wednesday	Thursday	Friday
			Grilled chicken strips WG rice Steamed sweet corn Apple sauce milk	Cheese pizza Steamed corn Local apples Milk
Chicken pot pie WW biscuit Steamed peas Fresh strawberries milk	Fish sticks Oven baked fries Oranges Milk	Beef hotdog WW bun Baked beans Steamed carrots Peaches Milk Prek- Tuna salad sandwich	Breakfast for lunch! WG toast stick Cabot yogurt Crispy hash brown banana milk	In service day- No school for students
Holiday- No school	Shepherds pie WW dinner roll Asparagus Mixed fruit Milk	Toasted cheese sandwich Creamy tomato soup Fresh strawberries Milk	Sloppy Joe WW bun Peas and carrots Fresh orange Milk	Cheese pizza Fresh squash Pears Milk
Chicken stir fry WG rice Fresh broccoli Local blueberries Milk	Chicken fingers Oven baked fries Brussels sprouts Apple sauce Milk	Hamburgers WW bun Lettuce and tomatoes Fresh local apples Milk	Homemade chili Fresh corn bread Steamed corn Peaches Milk	Cheese pizza Fresh green salad Fresh strawberries Milk
Oven baked chicken Mashed potato WW dinner roll Steamed corn Fruit cocktail Milk	Spaghetti Garlic knot Peas and carrots Local apple milk	Tuna salad sandwich WG chips Carrot sticks Local blueberries milk	Cheesy bread stick Marinara sauce Fresh asparagus Fresh strawberries milk	Conferences- No school

Contact information: Lee Collier Food Service Director 426-3213 ex.232 [lee.collier@ccsvt.net](mailto:lee.collier@ccsvt.net)

This institution is an equal opportunity provider.

Menu is subject to change without notice.